



# TRAUMA REBOOT

TRAUMA HEALING FOR EVERYONE

*Join us for*  
**12 WEEKS**  
FOCUSED ON **HEALING**  
FROM **TRAUMA**

Trauma REBOOT is a course – not a support group – providing practical help for anyone struggling to cope with crisis or trauma. You won't find shortcuts or easy answers, but instead you'll find solutions that last. Join us and discover that there is hope after trauma.

STARTING **JANUARY 5**

REGISTER NOW AT **REBOOTRECOVERY.COM**

MEETING DAY/TIME:

**MONDAYS**  
**6:00–8:00 PM**

MEETING LOCATION:

**Groton Assembly of God**  
101 McKinley Avenue  
Groton, NY 13073

CONTACT FOR INFO:

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— DINNER PROVIDED —